

# Come up with some Natural Consequences

- Soccer ball is kicked around in the house
- A 4-year-old refuses to pick up her dolls
- Child goes outside without a hat in the snow
- An 8-year-old child rides his bike out of the driveway
- Teenager wants to stay up late
- A 10-year-old is throwing a ball in the house and he breaks a lamp
- Child leaves toy outside
- A 6-year-old is coloring a picture on the coffee table and keeps coloring on the table instead of her paper
- Child wants to spend money on something you think is frivolous
- A 9-year-old misses the bus on purpose
- Child cheats on a game
- A 7-year-old refuses to eat his dinner

Below are some “natural” consequences:

- Soccer ball is kicked around in the house. Consequence example: The soccer ball that’s always getting kicked in the house will go on time out.
- A 4-year-old refuses to pick up her dolls. Consequence example: She loses her privileges to play with the dolls for the rest of the day.
- Child goes outside without a hat in the snow. Consequence example: Allow child to go outside without a hat as long as it is not dangerously cold. He’ll feel cold and return to find a solution.
- An 8-year-old child rides his bike out of the driveway. Consequence example: loses his bicycle privileges for 24 hours.
- Teenager wants to stay up late. Consequence example: Allow a teenager to set his own bedtime. If he stays up too late he’ll feel tired the next morning. Then when he is late for school he loses the privilege

until he can be responsible.

- A 10-year-old is throwing a ball in the house and he breaks a lamp. Consequence example: He has to do chores to earn enough money to pay for a new lamp.
- Child leaves toy outside. Consequence example: Depending on the value, allow a child to leave a toy outside. The parent may choose to put it undercover and give the child the opportunity to pay them back for taking responsibility for their toy, or they may choose to let it get ruined.
- A 6-year-old is coloring a picture on the coffee table and keeps coloring on the table after being reminded, instead of her paper. Consequence example: She loses the crayons for the rest of the day.
- Child wants to spend money on something you think is frivolous. Consequence example: Allow a child to spend some of his money. He may not have enough money to do another activity with his friends.
- A 9-year-old misses the bus on purpose. Consequence example: His mother drives him to school but he has to do chores to earn gas money to pay for the ride to school and also has to stay after school to make up for the time he missed in the morning.
- Child cheats on a game. Consequence example: His brother doesn't want to play with him anymore.
- A 7-year-old refuses to eat his dinner. Consequence example: He's not allowed to have desert or a snack before bed.