

Youth Reset Reflection Sheet

Describe what happened (who, what, where, when)

What expectation did you fail to meet with the choice you made?

What could you do to avoid doing that again?

What was the damage caused by your choice?

What do you need to do to make it right? (clean up the mess, apologize)

Are you Ready to do that? _____ Yes _____ No

Do you need help with something to make it right?