

Preschool Reset Reflection Sheet

1. When I _____ What Choice Was I Making?



Not A Listener



Not Respectful



Not Responsible



Not Safe

2. What's My Plan?

Questions for Parent to Process with your child:

- Did you like how that went? Do you think *(your friend/sibling/parent)* liked how that went?
- Did it make you happy or sad? If someone *(did that to you/talked to you like that)* how would you feel?
- What can you do next time this happens?
- You're good at solving problems. Instead of _____, how can you make this turn out better next time?

To fix it (and get back to green), I need to _____

Can you do that now?

YES



NO



If no, do you need help fixing it?