

Creating a Shared Family Vision: Alternate Activity

Tribute Letter:

Fast forward your life to a future scene. Your child, now 19, has just arrived home from college to join you for Thanksgiving and presents you with a tribute letter. This is to thank you for the ways you have invested in him/her for the past years.

Take the time to write the message you would like to hear in this tribute letter, including description of the relationship, what they value and the memories they have.

Let your imagination go wild. Do not limit yourself by what you think is possible— or what you are experiencing now . . . Write the hopes and dreams.